

AGELOC® TRME® MC COMPLEX

Tired of trying one-size-fits-all weight management “solutions” that just leave you feeling frustrated? TRMe helps you uncover your unique nuances—helping you crack your personal code to unlock your winning combination. It’s designed to support your transformation to a healthier lifestyle with supplements, shakes, diet and exercise recommendations. With personalization that transcends the standard, TRMe helps make weight wellness work for you.

TRMe—the uniquely you system that simply fits.



MEET MC COMPLEX

Want help maintaining lean muscle? Say “yes” to MC Complex. MC Complex has the right ratios of safe, natural ingredients, clinically shown to help support your weight management efforts by helping maintain lean muscle and improve your resting metabolic rate when combined with a reduced-calorie diet and regular exercise. These powerful ingredients are key players on your code-cracking team as you work towards unlocking that winning combination to a healthier you.

WHY YOU’LL LOVE IT

- Helps you maintain lean muscle while supporting fat loss when combined with a reduced-calorie diet and regular exercise.
- Features clinically studied ingredients shown to support your weight wellness efforts.
- Helps improve your resting metabolic rate.
- Helps provide a thermogenic effect.
- Features ingredients that are supported by gene expression science.
- Supports a healthy lifestyle.

WHAT POWERS IT

- Moringa (Drumstick Leaf), Curry Leaf, and Turmeric—a clinically studied blend of herbs shown to work together to impact resting metabolic rate and support weight loss efforts. It’s delivered in an ideal ratio shown to promote measurable weight management results within two weeks, when combined with a reduced-calorie diet and exercise.

HOW TO USE IT

Take two capsules once daily with a meal.

LEARN MORE ABOUT IT

How does MC Complex support healthy weight wellness?

MC Complex supports healthy weight wellness by helping you maintain lean muscle while you lose weight when combined with a reduced-calorie diet and regular exercise. Additionally, MC Complex helps improve your resting metabolic rate and provides a thermogenic effect.

Why is resting metabolic rate important for weight wellness?

Resting metabolic rate (or RMR) is a measure of the energy or calories your body burns at rest to keep you alive. RMR typically comprises anywhere from 50–80% of your daily energy expenditure. So, it’s important to have a healthy resting metabolic rate—particularly when you’re working on weight wellness. Lower RMR means you burn fewer calories at rest compared to if you have a higher/healthier RMR.

Why is lean muscle important for weight wellness?

Lean muscle is one of the biggest contributors to your RMR. Muscle is a metabolically active tissue, which means it burns calories both when you are active and when your body is at rest. Having more lean muscle increases your RMR, which can aid in weight wellness efforts.

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Why are diet and exercise important parts of the TRMe system?

There is no magic pill when it comes to weight wellness. To achieve results, you need to combine TRMe products with healthy, sustainable habits, including a balanced diet and regular exercise. TRMe is designed to help you make those important changes as you work toward your weight management goals.

Does MC Complex follow the 6S Quality Process?

Yes. Nu Skin's 6S Quality Process is an exclusive process we use to carefully maintain stringent quality, efficacy, and safety controls through each and every stage of development and manufacturing. It involves a set of highly integrated activities, multiple layers of scientific testing, and an extraordinary attention to detail to ensure unsurpassed results that meet the highest standards and comply with all relevant government requirements.

SCIENCE THAT SUPPORTS IT

1. Dixit K, Kamath DV, Alluri KV, Davis BA. Efficacy of a novel herbal formulation for weight loss demonstrated in a 16-week randomized, double-blind, placebo-controlled clinical trial with healthy overweight adults. *Diabetes Obes Metab*. 2018 Nov;20(11):2633–2641.
2. Sengupta K, Mishra AT, Rao MK, Sarma KV, Krishnaraju AV, Trimurtulu G. Efficacy and tolerability of a novel herbal formulation for weight management in obese subjects: a randomized double blind placebo controlled clinical study. *Lipids Health Dis*. 2012 Sep 20;11:122.
3. Kundimi S, Kavungala KC, Sinha S, Tayi VNR, Kundurthi NR, Golakoti T, Davis B, Sengupta K. Combined extracts of *Moringa oleifera*, *Murraya koenigii* leaves, and *Curcuma longa* rhizome increases energy expenditure and controls obesity in high-fat diet-fed rats. *Lipids Health Dis*. 2020 Aug 28;19(1):198.
4. Sengupta K, Golakoti T, Chirravuri V, Marasetti A. An Herbal Formula LI85008F Inhibits Lipogenesis in 3T3-L1 Adipocytes. *Food and Nutrition Sciences*. 2011 Oct;2(8):809–817.

WHAT'S IN IT

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 30

Amount per capsule	
Drumstick (<i>Moringa oleifera</i>) Leaf Extract	270 mg
Curry (<i>Murraya koenigii</i>) Leaf Extract	135 mg
Turmeric (<i>Curcuma longa</i>) Rhizome Extract	45 mg

OTHER INGREDIENTS: Hypromellose, Microcrystalline Cellulose, Silicone Dioxide, Magnesium Stearate.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

